



Invitation for Jury Panel for Recipe competition on 16 sep 2022

Dr. Akanksha Yadav <akanksha.fahs@sgtuniversity.org>

Thu, Sep 15, 2022 at 3:44 PM

To: "Dr. Jyoti Kumbar" <jyoti.fims@sgtuniversity.org>, Suchandra <suchandra.fahs@sgtuniversity.org>, Barkha Bhatnagar <barkha_fahs@sgtuniversity.org>

Dear Madam,
Greetings of the day!

It is a great pleasure to invite you as Jury Panel Member for the **Recipe competition (Theme: Healthy traditional Indian delicacies)** on 16th September 2022 at 12:15 pm. Kindly confirm your availability.
Venue of event: **Nutrition Lab 2nd Floor, D Block**

Regards
Dr. Akanksha Yadav
Associate Professor
N&D, FAHS
9719415211

Barkha

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SGT University, Gurugram

Invitation for Jury Panel for Recipe competition on 16 sep 2022

Dr. Jyoti Kumbar <jyoti.fims@sgtuniversity.org>

Thu, Sep 15, 2022 at 5:06 PM

To: "Dr. Akanksha Yadav" <akanksha.fahs@sgtuniversity.org>

Cc: Suchandra <suchandra.fahs@sgtuniversity.org>, Barkha Bhatnagar <barkha_fahs@sgtuniversity.org>

Dear Dr. Akanksha,

Thank you for the invitation. I will be there.

Sent from my iPhone

On 15-Sep-2022, at 3:45 PM, Dr. Akanksha Yadav <akanksha.fahs@sgtuniversity.org> wrote:

[Quoted text hidden]

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Nutri-Care Association

Department of Nutrition & Dietetics

Faculty of Allied Health Sciences

On the Occasion of National Nutrition Month 2022

Organizes a Seminar on

Theme: “Healthy Traditional Indian Delicacies”

Date, Time, Venue

Date: 16th September, 2022

Time: 10:30 AM to 02:00 PM

Venue: Nutrition Lab, D-block 2nd floor

Nutri-Care Association, Department of Nutrition & Dietetics, Faculty of Allied Health Sciences, SGT University in association with Steadfast Nutrition, and Azzurra Pharmaconutrition Pvt. Ltd. On the Occasion of National Nutrition Month 2022, Organized a cooking contest on “Healthy Traditional Indian Delicacies” on 16th September, 2022.

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On the Occasion of National Nutrition Month -2022

Faculty of Allied Health Sciences

Nutri-Care Association

Department of Nutrition & Dietetics

in Association with AZZURRA PHARMA NUTRITION PVT. LTD.

Organizes

Cooking Contest

Theme

**HEALTHY TRADITIONAL
INDIAN DELICACIES**

📅 16th September 2022 | 🕒 10:00AM to 12:00PM

Venue: Nutrition Lab, 2nd Floor, D-Block, Room No-210

Entries are open till 15th September 2022

Contact Person: Dr. Akanksha Yadav, Mobile: 9719415211

Mail ID for registration : akanksha.fahs@sgtuniversity.org

(Mail Your Name, Registration No, Course, Faculty, Mobile No and Mail ID.)

Certificate will be provided to all participants Exciting gifts for top-3 winners

Brief Profile of the Judges:

Prof. Dr. Barkha Bhatnagar is the HOD, Nutrition & Dietetics, Professor, and is a National Eligibility Test (NET) and State Level Eligibility Test (SLET) qualified academician and researcher with 14 years of experience. She has been a Research Fellow in one Major Research Project sponsored by University Grant Commission. She is credited with supervision of more than twenty Research Dissertations at postgraduate level. She has also supervised two PhD scholars. She has published fourteen research papers in National and International Journals and has a feather of editing two books titled “Scientific Approaches for Performance Enhancement” and “Training Strategies for Performance Enhancement” to her cap besides being on the editorial board of Special Issue of MR International Journal of Applied Health Sciences. She is a life

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member of Indian Dietetic Association (IDA). Dr. Barkha headed the Scientific Committee for 7th Asia Pacific Conference of Exercise and Sports Science (APCESS-2015) and Indo Japanese Conclave-III (2017) organized by Faculty of Applied Science of Manav Rachna International University (MRIU) and participated and presented papers & posters at various workshops, seminars and conferences organized by different organizations. She was also invited as a speaker at the 8th IPEIC, Thailand, Bangkok. Dr. Barkha also worked as an Expert Advisor for Nestle R&D Centre India Pvt Ltd.

Dr. Jyoti Kumbar is currently working as a Professor in the Department of Prasuti Tantra and Stress Yoga, Faculty of Indian Medical Science, SGT University. She has an experience of more than 11 years, and has published numerous papers in national and international journals. She has been the HOD of PG dept of Prasuti Tantra evum Stree Roga for 3 years, and worked as NABH Co-ordinator at Parul Ayurved Hospital which is the first NABH accredited teaching Hospital In Gujarat. She has delivered various lectures in seminars and has given radio talks in regional languages for the awareness of Ayurveda. She has more than 15000 OPD Consultations and more than 1500 admissions, Conducted more than 1000 deliveries. She has a vast Experience of performing Special Ayurveda Gynecological procedures and minor surgical procedures, and practice of Garbha Sanskara(Pre-conceptional care), Ayurveda antenatal and postnatal care. And has worked as specialist in female infertility at Srishti fertility centre, KLE Ayurved hospital, Karnataka

Ms. Suchandra Gupta, presently working as an Assistant Professor, Faculty of Allied Health Science, SGT University, Gurugram and pursuing PhD in Medical Microbiology. She did her Post Graduation in Medical Microbiology from Shri Guru Ram Rai Medical College and Health Science, Dehradun. She has been awarded Chancellor Silver medal in her master degree. She did her graduation in Medical Microbiology from Doon(PG) paramedical college and hospital, Dehradun. She did her internship from Max Healthcare, Saket, New Delhi. She has an experience of 4 years. She has got NPTEL certification in Health Research Fundamentals. She has published one Research Paper on Prevalence of Central line associated blood stream infection and Catheter colonization in ICU settings of a tertiary care Hospital in Sub Himalyan Region. Ms Suchandra is also a qualified vocalist in All India Prasar Bharti. Her strengths are

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hard work and faith in God. Looking forward for some more feathers in the cap and is striving hard for it.

Organizers: Nutri-Care Association, Department of Nutrition and Dietetics, Faculty of Allied Health Sciences in association with Steadfast Nutrition, and Azzurra Pharmaconutrition Pvt. Ltd.

Report of the Webinar/ Event / FDP Program:

- a) **Introduction:** On the occasion of “National Nutrition Month- 2022” Nutri-Care Association, Department of Nutrition & Dietetics, Faculty of Allied Health Sciences, SGT University in Association with Azzurra Pharmaconutrition Pvt. Ltd. organized Cooking Contest on theme “Healthy Traditional Indian Delicacies” on 16th September 2022. Student from various faculties of the SGT University and LNIPE, Gwalior, MP were actively participated in the event. Cooking Contest was evaluated by Prof. Dr. Barakha Bhatnagar, HOD, Nutrition & Dietetics, Professor Dr. Jyoti, HOD Department of Prasuti Tantra and Stress Yoga, Faculty of Indian Medical Science and Ms. Suchandra Gupta, Assistant professor, Department of Medical laboratory Technology.
- b) **Objective of the webinar/ Event / FDP:** The major objective in conducting the contest was to encourage the students to develop nutrition, tasty as well as innovative recipes.
- c) **Brief content of contest-** Evaluation of developed recipes were done on the criteria of presentation skills, organoleptic characteristics, nutritive value of recipe and its relevance to the theme. The cooking contest was coordinated by Dr. Akanksha Yadav, Associate Professor, Nutrition and Dietetics. Faculty members of the department Nutrition & Dietetics Dr. G. B. Bhatt, Dr. Vatsala Saharan and Dr. Shelly Garg made their contribution in making the event successful.

Akansha & Rashmi, students of MND 1st Semester was declared winner of the contest. Akansha & Vandita of MND 3rd Semester have secured second prize and Sarthak of PGFM 4th Semester have third prize. Contribution of other faculty members of the Department also made the Cooking Contest convenient and successful. The efforts of the

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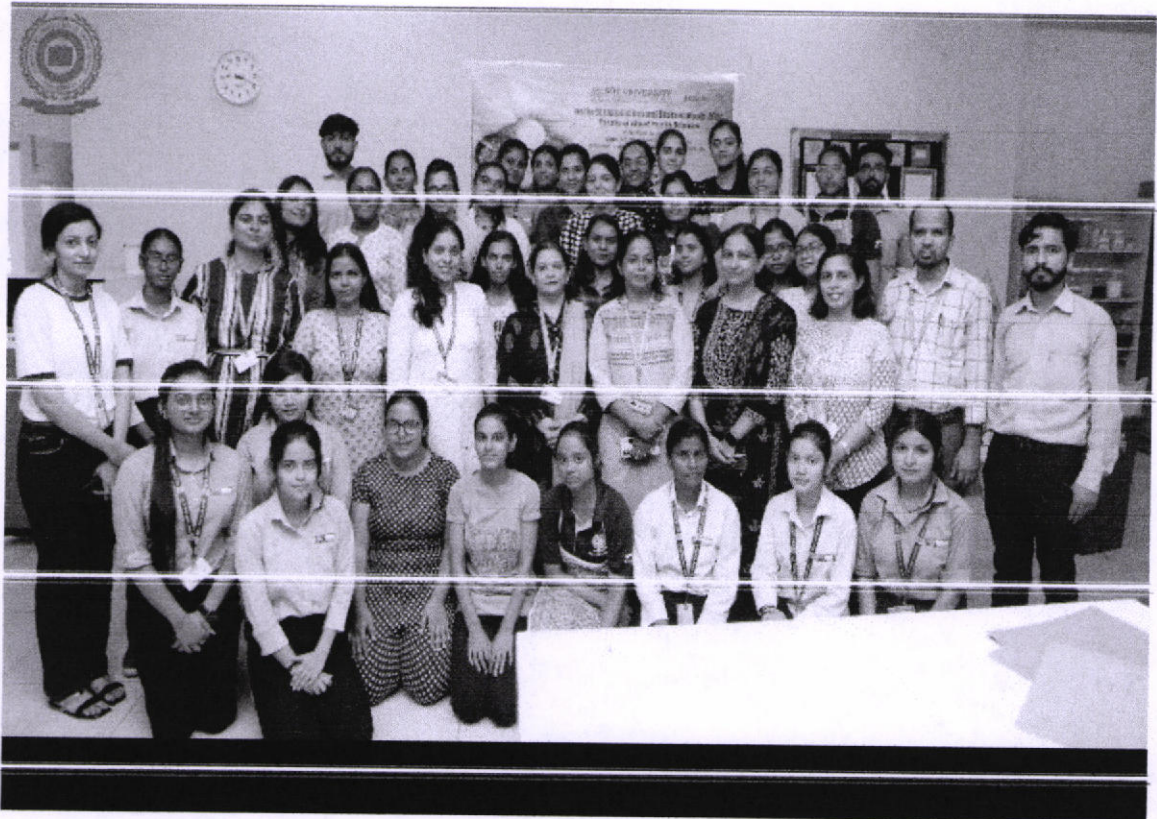
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faculty member of Nutrition and Dietetics were appreciated by the Dean, Faculty of Allied Health Sciences.

- a) **Screenshots of Webinar/ Picture of Event: Good quality picture with legends is mandatory**




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Total Number of Participants- 25

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Attendance Sheet

Event Name: cooking contest

Department: Nutrition & Dietetics

Date: 16. Sep. 2022

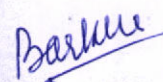
Venue: D-Block

S.No.	Name	Registration Number	Course (Semester)	Signature
1	Anam		MND 2 nd	Anam
2	Himani		MND 3 rd	Himani
3	NPTisha		MND 1 st	NPTisha
4	Bhawana		MND 1 st	Bhawana
5	Akansha		MND 1 st	Akansha
6	Rashmi		MND 1 st	Rashmi
7	Divya		BND 3 rd	Divya
8	Sumaiya		BND 3 rd	Sumaiya
9	Geetanjali		BND 3 rd	Geetanjali
10	Vanshika		BND 3 rd	Vanshika
11	Simran		BND 3 rd	Simran
12	Preena		BND 3 rd	Preena
13	Vanshika		MND 2 nd	Vanshika
14	Darui		MND 2 nd	Darui
15	Akansha Rao		MND 3 rd	Akansha
16	Vandita		MND 3 rd	Vandita
17	Suhani		BND 1 st	Suhani
18	Shruti		BND 2 nd	Shruti
19	Arsnika		BND 2 nd	Arsnika
20	Rakhi		BND 2 nd	Rakhi
21	Sakshi		BND 2 nd	Sakshi
22	Pranjali		BND 1 st	Pranjali
23	Yamini		B Psychology 3 rd	Yamini
24	Shruti		"	Shruti
25	Riya		"	Riya

Event Incharge

HOD


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Copy of E certificate for participants:

		SGT UNIVERSITY SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC & AICTE Approved) Gurugram, Delhi-NCR	
<h2>Certificate of Participation</h2>			S.No: SGTU/...../2022
This is to certify that			
Dr./Mr./Ms _____ of _____ has			
successfully participated in			
"COOKING CONTEST ENTITLED HEALTHY TRADITIONAL INDIAN DELICACIES"			
organized by the Nutri-Care Association, Department of Nutrition & Dietetics,			
Faculty of Allied Health Science in Association with Steadfast Nutrition & Azzurra Pharmacon Nutrition Pvt. Ltd. on			
the occasion of "NUTRITION MONTH - 2022"			
held on 16 th September 2022 at SGT University, Gurugram, Haryana, India.			
 Dean, FAHS SGT University	 HOD, Department of Nutrition & Dietetics SGT University	 Advisor, Nutri Care Association	 Founder, Steadfast Nutrition
			 Director, Azzurra Pharmacon Nutrition Pvt. Ltd.

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